

If you are interested in sponsoring this workshop or know of someone who may be, please contact Arthur Weinfeld.

Workshops can be scheduled for one, two-day or three day periods at the location of your choice. Tools, stone and unlimited instruction and guidance are provided.



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**TRUSTING  
THE  
STONE**

**A JOURNEY TO CREATIVE  
AWAKENING**

**WITH  
DR. ARTHUR S.  
WEINFELD**

**847-951-5112**

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# **TRUSTING THE STONE: A JOURNEY TO CREATIVE AWAKENING**

**“Painting and modeling...is like a voyage of discovery into the inner world of the psyche.”**

-Carl Jung

**“Stone is the visible history of time, feeding us through a calm and radiant presence.”**

-Iramo Noguchi

The hallmark to the journey of consciousness is confronting our resistance. When the carver sculpts he or she encounters—in an external sense—the same resistances that occur in the psyche.

The synergy of combining the creative, emotional and physical aspects of one's being is the essence of this workshop.

In this workshop, students are asked to choose a stone, then provided with hand tools for carving it. As the student works his way down through layers of ageless stone, learning to give it shape and motion, he also works down through the layers of his own psyche. Does he begin cutting before his plan is fully formed? Does she give up at the first resistance?

This is the phenomenon: inevitably, the student's sculpting style becomes a metaphor for his or her approach to living and problem-solving. Together, we explore the topography of both the stone and the self. It is a rare person who remains untouched by the process.

Here's what recent attendees have to say about Trusting the Stone:

“ ‘Trusting the Stone’ provided a safe place in which I could experience a deep part of myself. From the first projection onto the stone until its final gift (so far), Art's patient instruction and warm acceptance encouraged my openness to the stone and guided me through the many stages of my process.”

“I highly recommend this workshop for all interested in exploring further the non-verbal encounter with the self and God.”

-Ed Sharp, Ph.D.

“I wanted to express my gratitude to you for such a wonderful and inspirational weekend....Thank you for coming to our little town of Boone and sharing your talents with us. We are better people for it. I want to emphasize just how much I enjoyed the workshop. You awakened something in me.”

-Cam Hines

“ I think of myself as an increasingly happy person, getting a lot of joy from most of life's offerings. It came as a jolt to realize on coming home that the times I've spent in your workshop are perhaps among the happiest of all”

-Darrell Dawson, Ph.D.

Trusting the Stone is presented by Arthur Weinfeld, Ed.D., clinical psychologist and dedicated stone carver. He has presented this workshop nationally and internationally.